

Dated: 11 Dec 2023
Subject: Sports Day



Dear Parents,

Physical activities help children stay healthy and strong, whilst improving coordination and helping students relax better. Physical benefits often have an impact on emotional well-being, which can help improve students' school performance. We at Al Omam make sure that our students are provided every opportunity of mental and physical development. Our annual sports day is one of the main events that serve this purpose.

Al Omam International School is going to organize its Annual **Sports day** on **Thursday 14th December 2023**.

Students will be divided into groups as follows,

Classes	Teams
Grade 1,2,3,5,6 and 9 Girls	Red Team (student must wear Red T-shirt)
Grade 1,2 boys 4,7 and 8 Girls	white Team (student must wear white T-shirt)
Grade 3 to 9 Boys	Foot Ball

Please note that there will be regular classes on this day.

Your support and cooperation will be highly appreciated.

Thank you

School Administration